

# PIRATE TRACK & FIELD 2021

## BOYS AND GIRLS TEAMS

March 1, 2021 Update

- \* Sprints: Practicing Monday through Friday @ 3:30 with Coaches Burton and Borzellino.
- \* Jumps and hurdles: Practicing MWF @ 3:30 with Coach Lock
- \* Throws practices begin today with Coach Foley. Practice days will be Monday, Tuesday and Thursday. Start time 4:00.
- \* Distance athletes should be running Cross Country with Coach Ogle. Meet on the east field by the tennis courts at 3:30, Monday through Friday.

NEW ATHLETES WELCOME IN ALL GROUPS