

MBHS Counselor's Corner

Spring 2018-19 Newsletter



Registration Update and Summer School process

Counselors are continuing individual meetings with your student to check their course quests for next year. If your student hasn't had their meeting yet, they soon will. When we meet with your student, we are checking for completion of MBHS graduation requirements; college a-g requirements; CTE (career technical education) pathway completion, and a "check-in" on any social/emotional questions and concerns. We are always available by email if you have any questions or concerns about the process.

Summer School

Registration screens and applications will be available April 8th.

To sign up for summer school classes, follow these instructions...

Log in to your students powerschool screen and click *Ecollect Forms*; click on summer school application.

For more detailed instructions- ->-> [2018-19 summer school application](#)

CUESTA ENRICHMENT

The Enrichment Program is available to any high school student, who would benefit from "advanced scholastic" or "vocational" college coursework offered at any Cuesta campus published in the online Class Finder schedule, which are open to the public and adult learners. Qualified students on their own accord, apply and register under the Enrichment Program. For more information visit the Cuesta College website at www.cuesta.edu
****View the Cuesta Enrichment process on our MBHS Counseling website at <https://mbhs.slcsd.org/counseling-register.php>**

IMPORTANT DATES

Term	Term Dates:	Apply Online Beginning:	View Classes (class finder)	Enrichment Registration Begins:
Summer 2019	June 17 to July 26	April 1, 2019	March 29, 2019	April 30, 8 a.m
Fall 2019	August 12 to December 13	Apply online now!	March 29, 2019	June 4, 8 a.m

MENTAL HEALTH AWARENESS MONTH

The Counseling Department, ASB and Mrs. Brinkman's Psychology class are collaborating to address *Mental Health Awareness* in the month of May. Research has found that positive feelings can enhance your ability to deal with stress, solve problems and think clearly.

Here is a sneak peek of some of the activities that will be happening this month at MBHS:



Affirmation quotes on campus

Music in the quad

Lunch time rock painting

Send a compliment to a friend

Spirit Week

Therapy Dogs

Yoga

College Cafe

Follow on instagram@mbhs_asb to get up to date positive activities and daily affirmations during the month of May.



**Resources available
through MBHS eBooks on
Teen Health and
Wellness**

[eBooks](#)

SENIORS, GOING TO CUESTA COLLEGE? HERE IS YOUR CHECKLIST!

- COMPLETE the Cuesta Promise Scholarship Application: To be eligible for THE PROMISE you must complete the scholarship application: https://cuesta.academicworks.com/users/sign_in You will need your username and password for this process. This is required by August 1st.
- COMPLETE the FAFSA or Dream Act by the priority deadline of March 2nd- Free Application for Federal Student Assistance at <http://www.fafsa.ed.gov/> . If applicable, complete the Dream Act Application at <https://dream.csac.ca.gov/>
- COMPLETE the ONLINE Orientation (at home in late March/early April) Login to your myCuesta student portal and proceed to the online orientation.

ATTEND a Cougar Welcome Day (orientation and registration event) on Friday, March 10th from 1:00 pm-5:00 pm **or** Saturday, March 11th from 8:30 am-3:30 pm. Sign up for the event will be necessary and the reservation website will be available in mid April.

COLLEGE CAFE

Step by Step: College Awareness and Planning



Juniors First Session Monday, April 15 8:45 a.m. Library

Come join us this Spring 2019 to get more informed about college planning! Open to Juniors, **College Cafe** will meet monthly to assist students in the college

planning process. Some topics that will be covered include: ACT and SAT prep and information, finding the college for you, the application process, and financial aid & scholarships.

If you have any questions come see Mrs. Smith, Ms. Sheridan & Mrs. Ayotte!

SUMMER ENRICHMENT OPPORTUNITIES



camp kesem.

A child's friend through and beyond a parent's cancer.

Registration is now open! Kesem is a wonderful camp serving children ages 6-18 who have a parent undergoing cancer treatment, whose parent is a cancer survivor or who have lost a parent to cancer. Camp is 100% free of charge. Campers experience a warm and loving environment with other children who have similar life experiences. For more information, please contact the following Outreach Coordinators:

Rachel "Wildflower" Busike and Emily "Pixie" Reyes

805.316.4705 cell

calpolyslo.outreach@campkesem.org

campkesem.org

MAKE A DIFFERENCE BE A ROLE MODEL: Summer Program

Make a difference, be a role model, gain volunteer experience and have an unforgettable time! Contact Parks and Recreation Department at 805-781-7300 for questions.

Information and Application [click here.](#)