



Dr. Kyle Pruitt, Principal kpruitt@slcusd.org

MBHS Pirates Friday Updates

August 31, 2018

Attend a game next week! [Sports Calendar](#)

Upcoming Activities

September 3	No School - Labor Day
September 14	Club Rush during lunch in the Quad
September 17-20	Powder Puff Football practices - 5:30-7:30
September 20	Powder Puff Football Game - 5:30-7:30

Save the Dates

October 4	Picture retakes (only if you are not happy with the picture packets that you purchased)
October 10	PSAT/NMSQT
October 12	Homecoming Football game vs. Pioneer Valley
October 13	Homecoming Dance 7:00-10:00 (Small Gym)
November 8-10	MBHS Theater Arts Performance
November 12	No school - Veterans Day
November 19-23	No school - Thanksgiving Holiday

MBHS Pirates' Friday Update

Counseling Corner:

September 2018 Counselor's Newsletter includes the following topics:

- Classroom Presentations
- College Admission Testing
- PSAT for Juniors and Sophomores
- College application Tips and Process
- Sign up for college representative presentations
- CSF
- 10 Study Tips to be a Successful Student
- Upcoming Events

*****Please note that the Counselor's Newsletter is updated on the first Friday of each month.**

[Click here to read the newsletter](#)

An Independent Study educational option is now available at San Luis and Morro Bay High Schools.

- Independent Study creates an individualized academic schedule for each student to meet their academic and personal goals.
- This educational option is ideal for a student who is in need of a flexible schedule, while maintaining their ability to graduate on time.
- Independent study is also ideal for students who wish to graduate early by enrolling in Cuesta College courses during regular school hours.
- Independent Study is WASC accredited and operated by Templeton Unified School District.
- If interested, please contact your child's high school counselor or contact Cheryl London (805.434.5827) or Dr. Joe Koski (805.434.5805) for more information.

MBHS Pirates' Friday Update

"The Week In Sports"

MBHS Athletics Schedule for the Week of (9/3-9/8)

DAY	DATE	TIME	SITE/OPPONENT
Tues	9/4	2:00 pm	Girls Golf vs. Arroyo Grande @ Cypress
Tues	9/4	3:30/4:30/5:30	Frosh/JV/Var Girls Volleyball @ Cabrillo
Tues	9/4	3:30 pm	Varsity Girls Tennis vs. Mission Prep
Tues	9/4	3:30 pm	JV Girls Tennis vs. Mission @ Sinsheimer Park
Wed	9/5	3:00 pm	Girls Golf vs. Santa Ynez @ Alisal Ranch
Wed	9/5	3 pm / 4 pm	JV & Varsity Boys Water Polo vs Nipomo
Wed	9/5	5 pm / 6 pm	JV & Varsity Girls Water Polo vs Nipomo
Thur	9/6	3:30 pm	Varsity Girls Tennis @ Pioneer Valley
Thur	9/6	3:30 pm	JV Girls Tennis vs Pioneer Valley
Fri	9/7	1:30 pm	JV Girls Water Polo @ AG Invitational
Fri	9/7	3:00 pm	Var Girls Volleyball @ SLODOWN Tourney
Fri	9/7	4:00 pm	Junior Varsity Football vs. Gustine
Fri	9/7	7:00 pm	Varsity Football vs. Gustine
Sat	9/8	TBA	JV Girls Water Polo @ AG Invitational
Sat	9/8	9:00 am	Var Girls Volleyball @ SLODOWN Tourney
Sat	9/8	8:00 am	Cross Country at Morro Bay Invitational

Library News:

MBHS Library's Brown Bag Lunchtime Concert Series

Jacob Lyons kicked off this year's Brown Bag Lunchtime Concert Series, on Tuesday, August 28th. He rocked the library for a half-hour; playing songs by Johnny Cash, Bosphorus, and other music legends. Great job Jacob!

Next up in the series is Braydon & Friends, who are scheduled to play on Friday, September 7th. Bring your lunch and join us at the eastside tables in the library!

Students and/or staff who are interested in performing at a Brown Bag Concert please contact Christie Hagwood in the library.

MBHS Pirates' Friday Update

Cafeteria News:

Welcome to the Pirates Cafe. We hope you all are having a wonderful school year so far.

We have made a few changes in the cafeteria this year and we wanted everyone to be aware of them. This will be our last year in the kitchen so please bare with us as we transition to a temporary kitchen next year. There will be no charging allowed for meals but if you are hungry we do offer an alternate meal as we believe no one should go hungry. There are also no a la carte entrees offered this year, as we are selling them as a complete meal.

The cost for a breakfast meal for students is \$2.00 and a lunch meal is \$3.25. Both meals consist of a main entree, a piece of fruit, and anything off the salad bar. Milk is optional.

We do have snack and beverage items available for purchase and we have fresh baked cookies every day.

Please come in and say hi to Dawn and Katia and enjoy a delicious meal. We look forward to seeing you!

Free/Reduced Lunch application:

Parents please submit a free/reduced lunch application if you qualify, then your student will be provided lunch & nutrition snacks, in addition to other reduced fees for other items such as AP tests, etc. [Click here to submit the application](#)

Senior Portraits:

If your Senior has not made an appointment with Tom Meinhold Photography please contact them at (805) 541-1411. All senior yearbook portraits must be taken by Tom Meinhold Photography by September 15, 2018. [Click here](#) to check out the options on the MBHS website banner. Option 1 dates have been set for September 5th and 12th.

MBHS Pirates' Friday Update

Website News:

Did you know that you can read the "Daily Bulletin" that is read each day at Morro Bay High School by two ASB students on our website? Here's how to find it:

Go to <http://mbhs.slcsd.org/>

Scroll down until you find "Features" then click on "Daily Bulletin"

Did you know that you can purchase Morro Bay Pirate Spirit Wear online? Go to

<http://mbhs.slcsd.org/>

Select the tab "webstore" then select "[spirit wear](#)"

Did you know that you can find all of the MBHS Staff and email them from our site?

Go to <http://mbhs.slcsd.org/>

Click on Staff - find the staff member you would like to reach. You can email them or go to their website.



Next Week's Mission Monday:

Pirates, your mission this week is to say something positive about somebody, even when they are not around to hear it. Compliments build the soul, and we all benefit from soul building!



MBHS Pirates' Friday Update

FFA News:



Morro Bay FFA Drive-Thru BBQ:

On Wednesday, September 19, the Morro Bay FFA will be having it's famous Drive-Thru BBQ. Tickets are for sale thru Monday, September 10. Family Dinners are \$45 and include 1 whole Tri-Tip, 1 qt of beans, 1 loaf of garlic bread, a large salad, ranch dressing and salsa. You can also purchase a rack of Beef Ribs for \$30. Ask an FFA member or go to the MBHS Website and click on our [webstore](#) and order through there! Thank You for support!!

MBHS Pirates' Friday Update



Want to Play Youth Sports?



Do you need help with the cost?



If your family participates in the "School Meals Program," the Community Foundation of Estero Bay Inc. has funds to help with registration fees for the following activities:

Morro Bay Recreation Services City of Morro Bay
Coast Girls Softball
Estero Bay Youth Basketball
Estero Bay Youth Soccer
Futsal (indoor soccer)
Group Swim Lessons
Junior Guards Pool Program
Junior Lifeguards Beach Programs
Karate
Kids Love Football
Zumba for Kids

Area Non-Profits
Bay Area Football & Cheerleading
South Bay Soccer
Central Coast Little League



Morro Bay Rec. Services
Contact (805) 772 6278

When you register, let the person know that your family participates in the School Meals Program. Simple as that!

MBHS Pirates' Friday Update



¿Quieres jugar deportes juveniles?



¿Necesitas ayuda con el costo?



Si su familia participa en el "Programa de Comidas Escolares", la Fundación Comunitaria de Estero Bay Inc. tiene fondos para ayudar con las tarifas de inscripción para las siguientes actividades:

Morro Bay Recreation Services City of Morro Bay
Coast Girls Softball
Estero Bay Youth Basketball
Estero Bay Youth Soccer
Futsal (indoor soccer)
Group Swim Lessons
Junior Guards Pool Program
Junior Lifeguards Beach Programs
Karate
Kids Love Football
Zumba for Kids

Area Non-Profits
Bay Area Football & Cheerleading
South Bay Soccer
Central Coast Little League



Morro Bay Rec. Services
Contacto (805) 772 6278

Cuando se registre, informe a la persona que su familia participa en el Programa de Comidas Escolares.
¡Simple como eso!

MBHS Pirates' Friday Update

Principal's Message: Food For Thought . .

Happy Friday Everyone!

First, thank you to all of our families who attended our Back to School night this week. We hope that our attendance numbers double for Open House in the spring! As I was walking around campus last night talking with parents, I was asked, "how has the start of the school year gone?" As I started to answer with a truthful "really, really well", I couldn't help but share with the parent a noticeable, and concerning trend that is happening amongst our teens, not only here at MBHS but at many, many schools across America: Vaping. I went on to explain the different devices, oils, batteries, etc. that are involved with vaping, and realized that like many of you, I am at the infant stages of understanding this terrible habit.

So, I am asking that all of you read both of the links below. I purposely tried to include articles that have both written and visual content. The first explains the general details of vaping, and the second are signs that you can look out for with your own children. Once you have read the articles, I also encourage you to simply Google 'Vape Pens and Oils,' and look at the images. Knowing what to look for can be the most critical preventative measure you can take. Thank you.

<https://raisingteenstoday.com/vape101-what-parents-need-to-know/>

<https://raisingteenstoday.com/is-my-child-vaping-heres-9-signs-to-watch-for/>

Best,

Dr. Kyle Pruitt, Principal
Morro Bay High School

Would you like to provide feedback for anything you have read in this newsletter? If so, leave feedback here: mbhsadmin@slcusd.org.

Be sure to visit our website ([MBHS Website](#)) often, and follow us on Twitter [@MorroBayHS!](#)